

POOL RULES

**TWO LONG WHISTLE BLASTS – CLEAR POOL – END OF SESSION
THREE LONG WHISTLE BLASTS – EXIT THE POOL IMMEDIATELY
IN AN EMERGENCY CALL, EXIT TO THE NEAREST SIDE IMMEDIATELY**

1. All patrons must wait a minimum of 20 minutes after applying sunscreen before entering the pool. This is required for both your protection and prevents sunscreen from washing off your skin and clouding the water.
2. Only waterproof non-spray on sunscreen is permitted on the site.
3. All patrons must follow Ontario Regulation 565 that states that each bather must take a shower using water and soap and thoroughly rinse off all soap before entering or re-entering the pool.
4. Photo ID membership cards must be presented for each member of the family in order to access the pool facilities. This rule is enforced for the protection of our members. Cards must be shown or access may be denied.
5. Lifeguards are responsible for the safe operation of the pool and their instructions must be followed.
6. No running on the bricks or ramps.
7. If a child requires a floatation device and is in water above their shoulders, they must be accompanied by a parent/guardian over the age of 12 in the water within arm's reach.
8. If a child is under 6 or between 6 and 10 and has not passed our facility swim test, they must be within arms reach of a parent/guardian at all times when in the water
9. No one under the age of 18 is permitted in the lap/leisure pool or on the deck around the leisure pool. The main pool lap lane can be used by anyone.
10. Any swimmer with shoulder length hair or longer must tie it back or wear a swimming cap.
11. Before a child will be permitted in the deep end, they must demonstrate to an off duty lifeguard their ability to swim a full lap of the pool (25 meters) on their front without the help of others. Only deep end qualified swimmers are allowed in the deep end.
12. Only deep-end qualified swimmers (who passed the swim test) will be allowed on the diving board
13. No floatation devices allowed in the deep end, including balls.
14. Diving is only permitted from the diving board wall, never from the sides or the shallow end.
15. Only one diver at a time on the diving board. No running and only one bounce is permitted per jump. After jumping off the diving board everyone must swim to the ladder. No swimming is permitted under the diving board.
16. No rough play is permitted. This includes pushing and throwing others into the pool.
17. No sitting or standing on shoulders.
18. No hanging, sitting, or playing on the lane ropes, railings, or diving board.
19. Climbing on the fence or furniture is not allowed for any reason.
20. Please consume all food and beverages on the grass, not the bricks.
21. Please place all garbage in the garbage cans and recycling in the proper bins.
22. Glass, stakes, and alcohol are not allowed on the premises.
23. No smoking or vaping of any substance (including cannabis) allowed on the premises.
24. Photography is not permitted on the site.
25. The site may close due to temperatures under 17°C.
26. Swimmers must remain out of the water for 30 minutes after the most recent thunder or lightning.
27. **FOR SAFETY REASONS DO NOT TALK TO THE LIFEGUARDS WHILE THEY ARE ON DUTY.**