

SWIM LESSONS

(No membership required to participate; lesson applications accepted by **regular mail only** starting on **May 1, 2024**. Any lesson application submitted **in person** before June 1 won't be processed.)

Swimming Lesson Sessions	Hours
Session 1: July 2 – July 12 (9 lessons)	Between 8:00am and 11:30am
Session 2: July 15 – July 26 (10 lessons)	* Exact class times/prices to
Session 3: July 29 – Aug. 9 (10 lessons)	become available in May 2024
Session 4 (1 wk): Aug. 12 – Aug. 16 (5 lessons)	* Only 1 hour PVTs, no semi-PVTs

- LIAC offers private or semi-private classes that conform to the session dates (you **can't** have a private that runs the second week of session 1 and the first week of session 2).
- The privates and semi-private classes run 30 minutes or 60 minutes, depending on your preference and your child(ren)'s endurance and skill level
- LIAC will offer 1-hour-long private classes in sessions 1, 2, 3, and 4.
- LIAC will offer 1 hour long semi-private classes in sessions 1, 2, and 3.
- LIAC will offer 30 minute long private or semi-private classes in sessions 1, 2, and 3.
- **LIAC is unable to offer any semi-privates, regardless of the length or any 30-minute private lessons in session 4.**
- No refunds unless there is a medical reason (w/ doctor's note) or class becomes unavailable.
- Tentative 2024 prices **subject to change: 30 min = \$150, 45 min = \$160, 60 min = \$175

Important signup dates for 2024 lessons:

- Session 1: **by mail** starting on **May 1** or *in person* starting on *June 1*
- Session 2: in person or by mail starting on June 10
- Session 3: in person or by mail starting on July 10
- Session 4: in person or by mail starting on July 20
- Privates and semi-privates for session 1&2 begin on June 15, on July 10 for session 3 and on July 20 for session 4.

Tentative 2024 session 1 schedule: **all classes and times are subject to change:

Swim Lesson Times

Level	Session 1
Parent & Tot (1-3 years)	11:00 - 11:30
Preschool 3-5 years (all lessons 30 minutes)	
Tadpole (P1)	9:00 - 9:30 9:30 - 10:00 10:00 - 10:30 11:00 - 11:30
Minnow (P2)	8:45 - 9:15 9:45 - 10:15 10:00 - 10:30
Trout (P3)	8:45 - 9:15 9:15 - 9:45 10:30 - 11:00
Bass (P4)	9:15 - 9:45
Muskie (P5)	10:15 - 10:45

Level	Session 1
Swimmer 1 - 30 min	9:30 - 10:00 9:45 - 10:15 9:45 - 10:15
Swimmer 2 - 30 min	8:45 - 9:15 10:00 - 10:30 10:15 - 10:45
Swimmer 3 - 45 min	8:45 - 9:30 9:00 - 9:45 10:00 - 10:45 10:15 - 11:00
Swimmer 4 - 45 min	8:00 - 8:45 9:00 - 9:45 10:15 - 11:00
Swimmer 5 - 45 min	8:30 - 9:15 9:45 - 10:30
Swimmer 6 - 60 min	8:00 - 9:00 9:15 - 10:15
Rookie Patrol - 60 min	8:00 - 9:00
Ranger Patrol - 60 min	Not offered
Star Patrol - 60 min	Not offered

Long Island Aquatic Club: 5495 South River Dr., Manotick, ON K4M 1J3

SWIM LESSON APPLICATION FORM

(No membership required to participate; lesson applications accepted by **regular mail only** starting on **May 1, 2024**. Any lesson application submitted **in person** before June 1 won't be processed.)

Child's Family Name: _____

Parents' / Guardians' First Name: _____

E-mail: _____ Postal code: _____

Address: _____

Telephone No.: Home: _____ Emergency: _____

Children's Names	D.O.B. (D/M/Y)	Age	Level	Session	Preferred Time		Cost	
					1 st Choice	2 nd Choice		
Total:								

If the session that you have requested is full, which other session are you able to attend? _____

PLEASE SUBMIT WAIVER ON PAGE 7

LESSON TERMS AND CONDITIONS:

Lessons are **non-refundable** and **non-transferable**
No refunds unless there is a medical reason (medical doctor's certificate) for withdrawing. Refunds are subject to a 30% administrative fee.
 Receipt duplicates will be subject to a \$15 administrative fee.
 Returned cheques will be subject to a \$25 administrative fee.
 Payment is due at the time of registration. **No postdated cheques.**
 Refund deadline is August 20, 2024.
 Because all lessons are progressive, we cannot split a session.
 In extreme circumstances (emergencies, weather, etc.), L.I.A.C. cannot provide refunds or make up for lost time.
 Waterproof non-spray on sunscreen only. Sunscreen must be applied a minimum of 20 minutes before entering the pool.
 Provincial regulation states that **all persons must shower before entering the pool.**
 All Parents must remain on the grass at all times & must leave promptly after lessons are over.
 Unsigned or uncompleted forms will not be processed.

I (we) confirm that the above information is correct and I (we) agree to abide by the rules of LIAC posted at the pool. I (we) have read, understand and will abide by the terms and conditions outlined above.

Signature: _____ Date: _____

OFFICE USE ONLY	Date Received:	Method of Payment: <input type="checkbox"/> Cheque <input type="checkbox"/> Cash <input type="checkbox"/> Debit/Credit <input type="checkbox"/> Money order Name on cheque: _____
	Amount Received: \$	
	Received by:	

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**Long Island Aquatic Club Swimming Lessons 20__ Waiver and Release of Liability Form
(for participants under the age of 18)**

Swimmer's Name(s): _____

I, (we), the undersigned, being Parents or Guardians of the above named swimmer(s), do hereby consent to the above named swimmer(s) participating in swimming lessons at the **Long Island Aquatic Club**, include time in the water and at poolside.

I, (we), understand that the various swimming exercises and drills used in swimming lessons are not recommended for individuals who have potential medical problems unless under direct medical supervision. The swimmer(s) and his or her Parents or Guardians further agree that the above named swimmer(s) has no medical problems that would reasonably prevent their participation, and is in good health, and that the **Long Island Aquatic Club** will not be responsible for any medical or related claims as a result of any action resulting from participating with the **Long Island Aquatic** swimming lessons.

I, (we), do assume all risks and hazards incidental to swimming lesson participation and hereby irrevocably waive all claims whatever which I, (we), or the above named swimmer may have against the **Long Island Aquatic Club**.

I, (we), do hereby release, absolve, indemnify and save harmless the **Long Island Aquatic Club**, their employees, volunteers, officers, directors, lifeguards, coaches and supervisors from any claim which I (we), or the above named swimmer(s) may have as a result of his or her participation in swimming lessons.

I, (we), hereby acknowledge my (our) acceptance of this waiver and release, knowing it to be a legal document and of legal force and effect, and agree that this waiver and release is a condition of participation in the swimming lesson activities of the **Long Island Aquatic Club**.

Parent or Guardian signature

Date